Group Therapy

Estimated play time: Approximately 15 minutes  
Number of players: Unlimited  
Supplies needed: Scoring board/pad; noisemakers. It might help if each team had a piece of paper and pencil.

Overview: In this game, each question has several answers. The goal is to come up with the number of correct answers required in the question. For example: Can you name five words for “happy”? Possible answers: joyful, jolly, merry, upbeat, cheerful.

Instructions:  
1. Divide the players evenly into teams (or as closely as possible).

2. Read the first question. Discussion is permitted among teammates. Prior to the start of the game, a method to signal when a team is ready to answer must be determined. Ringing bells and New Year’s blowers are just two inexpensive noisemakers. Raised hands work, but the host must be vigilant to watch for whose hand went up first. The host always has the final say in any disputes.

3. After a team is recognized as the first to signal, they may give their answers. If anyone of their answers is incorrect, then their whole answer is deemed incorrect. If that occurs, the other teams may ‘buzz’ in and answer.

4. Keep score (10 points for each correct group of answers) after each question is answered correctly.
Questions

1. Name four African countries.

2. Name three famous people, dead or alive, who are bald.

3. Name four root vegetables.

4. Name three flowers that often come in yellow.

5. Name four ballroom/dancehall dances.

6. Name four national fast food chain restaurants.

7. Name four cable television networks.

8. Name four cities in Canada.

9. Name five sports that use a round ball.

10. Name three colors that begin with the letter P.
Questions


3. Beet, Carrot, Daikon, Ginger, Jicama, Onion, Shallot, Parsnip, Potato, Radish, Rutabaga, Taro, Turnip, Water Chestnut, Yam, Yucca


5. Cha-Cha, Charleston, Jitterbug, Jive, Lindy Hop, Mambo, Quickstep, Rumba, Salsa, Samba, Swing, Tango, Foxtrot, Waltz

6. Arby’s, Burger King, Chick-fil-A, Denny’s, Dunkin Donuts, El Pollo Loco, In-N-Out-Burger, Jack in the Box, Johnny Rockets, KFC, Long John Silver’s, McDonald’s, Pizza Hut, Popeye’s, Quiznos, Subway, Taco Bell, Wendy’s

7. A&E, AMC, Animal Planet, BBC America, BET, Bravo, CNBC, CNN, Comedy Central, Discover Channel, Cinemax, Disney, ESPN, Food Network, Fox News, HBO, HGTV, HSN (Home Shopping Network), History Channel, Lifetime, MSNBC, MTV, National Geo, Nickelodeon, Oxygen, QVC, Showtime, TLC, Univision, Weather Channel

8. Calgary, Edmonton, Halifax, Montreal, Ottawa, Quebec City, Regina, Saskatoon, Toronto, Vancouver, Victoria, Windsor, Winnipeg

9. Baseball, Basketball, Billiards, Bowling, Cricket, Croquet, Golf, Ping Pong, Polo, Pool, Racquetball, Rugby, Snooker, Soccer, Softball, Squash, Table Tennis, Tennis, Volleyball, Water Polo

10. Peach, Periwinkle (Blue), Persimmon, Pine Green, Pink, Platinum, Plum, Powder Blue, Puce, Pumpkin, Purple

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